

B.S. DEGREE IN PHYSICAL EDUCATION (K-12)
Effective Fall 2009

The Education Department of Delaware State University has adopted and has redesigned the program to develop effective Physical Education teachers for the 21st Century. These teacher candidates are equipped with the necessary knowledge, skills, and dispositions to integrate technology into instruction. They have the ability to apply scientifically proven models and strategies to provide assessment and instruction in a variety of physical education settings. All Physical Education majors must complete the following:

Freshman Fall Semester			Freshman Spring Semester		
Course	Course Name	Cr	Course	Course Name	Cr
ENGL-101	English Composition I	3	ENGL-102	English Composition II	3
ENGL-124	Tchg Fit/Phys Acty Concepts	3	KINE-101	Lifetime Fitness and Wellness	2
EDUC-191	University Seminar I	1	EDUC-192	University Seminar II	1
MTSC-107	Math and Data Analysis	3	MTSC-108	Math and the Environment	3
EDUC-253	History & Princ of Phys Educ	3	EDUC-221	Mvmnt Ed: A Skill Theme Approach	3
xx-xxx	Art & Humanities Elective	3	HIST-20_	History/Social Science	3
(Select one of the following courses: ART-101, MUSC-100, MUSC-101, ENGL-113, PHIL-201, PHIL-202, PHIL-105)"			Select one of the following courses: HIST-201, HIST-202, HIST-203, HIST-204)		
	Total Credits	16		Total Credits	15
Sophomore Fall Semester			Sophomore Spring Semester		
Course	Course Name	Cr	Course	Course Name	Cr
BIOL-207	Anatomy & Physiology/Lab	4	BIOL-208	Anatomy & Physiology II	4
EDUC-204	Phil Found of Education*	3			
EDUC-223	Tchg Territorial Games	3	EDUC-231	Tchg Net & Wall Games	3
xx-xxx	Foreign Language I	3	EDUC-236	Tchg Target & Field Games	3
			xx-xxx	Foreign Language II	3
	Total Credits	13	ENGL-xxx	Literature I	3
			(Select one of the following courses: ENGL-201 and ENGL-206 OR ENGL-202 and ENGL-205)		
				Total Credits	16

Junior Fall Semester			Junior Spring Semester		
Course	Course Name	Cr	Course	Course Name	Cr
PSYC- 201	Intro to Psychology	3	EDUC-318/ GLOB- 395	Multi Ed with Glob Soc	3
EDUC-344	Instr Tech in Education	3	EDUC-257	Motor Dev/Mvmnt Ed	3
KINE 300	Exercise Physiology with Lab	4	EDUC-363	Adventure-Based Education	3
EDUC-241	Instructional Strategies	3	EDUC-368	Anlys & Asses for Tchg PE	3
ENGL-xxx	Literature II	3			
EDUC 358	Adapted Physical Education	3			
#(Select one of the following options: ENGL-201 and ENGL-206 OR ENGL-205 & ENGL-202)			EDUC- 359	Sports Biomechanics	3
	Total Credits	19		Total Credits	15

Senior Fall Semester			Senior Spring Semester		
Course	Course Name	Cr	Course	Course Name	Cr
EDUC-416	Analysis of Student Teaching	1	EDUC-400	Student Teaching**	12
EDUC-357	Eff Tchg Strat & Classroom Mgt	4			
EDUC-449	Methods of Tchg Elem Phys Ed*	3			
EDUC-453	Meth of Tchg Sec Phys Ed*	3			
EDUC-371	Contemporary Curriculum Models	3			
	Total Credits	14		Total Credits	12

Students must take ENGL-201 and ENGL-206 OR ENGL-202 and ENGL-205 to fulfill the Literature and African American Experience requirements for General Education. Students must pass Praxis II before student teaching.

** Senior Capstone

* Writing Intensive Course(s)

Credits < 120 >

There is no concentration for this major.

Non-courses requirements for the major: Minimum GPA 2.5, Praxis I/Core scores: Reading – 156, Writing – 162, Mathematics – 150.

Major courses:

Subject Code	Course Number	Course Name	Number of Credits
EDUC	191	University Seminar I for Education Majors	1
EDUC	192	University Seminar II for Education Majors	1
EDUC	124	Teaching Fitness/Physical Activity Concepts	3
EDUC	204	Philosophical Foundations of Education	3
EDUC	221	Movement Education: Skill Theme Approach	3
EDUC	223	Teaching Territorial Games	3
EDUC	231	Teaching Net & Wall Games	3
EDUC	236	Teaching Target & Field Games	3
EDUC	241	Instructional Strategies	3
EDUC	253	History & Principles of Physical Education	3
EDUC	257	Motor Development/Movement Education Children	3
EDUC	318	Multicultural Education	3
EDUC	344	Instructional Technology in Education	3
EDUC	357	Effective Teaching Strategies/ Classroom Management	4
EDUC	358	Adapted Physical Education	3
EDUC	363	Adventure-Based Education	3
EDUC	359	Sport Biomechanics	3
EDUC	368	Analysis/Assessment of Teaching Physical Education	3
EDUC	371	Contemporary Curriculum Models	3
EDUC	400	Student Teaching	12
EDUC	416	Analysis of Student Teaching	1
EDUC	449	Methods of Teaching Elementary Physical Education	3
EDUC	453	Methods of Teaching Secondary Physical Education	3

Other required courses for the major:

Subject Code	Course Number	Course Name	Number of Credits
BIOL	207	Anatomy/Physiology I w/ Lab	4
BIOL	208	Anatomy/Physiology II w/ Lab	4
KINE	300	Physiology of Exercise	3
EDUC	359	Sport Biomechanics	3

General Education Breadth courses:

Breadth Area	Any Approved Course or list course/courses
Literature (three credits)	ENGL 201, ENGL 202, ENGL 205, ENGL 206
History (three credits)	HIST 201/ HIST 202/ HIST 203/ HIST 204
Mathematics (three or four credits)	MTSC 107, MTSC 108
Natural Science with Laboratory (three or four credits)	BIOL 207, BIOL 208
Social Science (three credits)	PSYC 201
Arts/Humanities (two three-credit courses)	ART 101/ MUSC 100/ MUSC 101/ ENGL 113/ PHIL 201/ PHIL 202/ PHIL 105

Across-the-Curriculum (A-t-C)

Program/Major		Physical Education
Concentration (if applicable)		
Effective Date		Spring 2014
A-t-C Outcome	Course(s)	Course Name(s)
Reading	EDUC 204 HIST 201	Philosophical Foundations of Education American History to 1865
Writing Intensive or Writing in Major (outside Capstone)	EDUC 204 EDUC 357 EDUC 416	Philosophical Foundations of Education Effective Teaching Strategies/Classroom Mgmt Analysis of Student Teaching
Speaking – Oral Communication – Presentation	EDUC 204	Philosophical Foundations of Education
Speaking – Oral Communication – Discussion	EDUC 204	Philosophical Foundations of Education
Listening	EDUC 204	Philosophical Foundations of Education
Computer Competency	EDUC 344	Instructional Technology in Education
Information Literacy	EDUC 204	Philosophical Foundations of Education
Critical Thinking/Problem Solving	EDUC 357	Effective Teaching Strategies & Classroom Management
Quantitative Reasoning	MTSC 107	Mathematics and Data Analysis
Multicultural 6 credits (choose two)	Foreign Language I AND Foreign Language II	Foreign Language I AND Foreign Language II
African American Experience	ENGL 205 or ENGL 206	African American Literature I or African American Literature II
Self-Evaluation	EDUC 204	Philosophical Foundations of Education
Wellness	EDUC 124	Teaching Fitness and Physical Activity Concepts
Global Issues	EDUC 253	History & Principles of Physical Education