

**B.S. DEGREE IN PHYSICAL EDUCATION (K-12)**  
**Effective Fall 2009**

The Education Department of Delaware State University has adopted and has redesigned the program to develop effective Physical Education teachers for the 21st Century. These teacher candidates are equipped with the necessary knowledge, skills, and dispositions to integrate technology into instruction. They have the ability to apply scientifically proven models and strategies to provide assessment and instruction in a variety of physical education settings. All Physical Education majors must complete the following:

Freshman Fall Semester			Freshman Spring Semester		
Course	Course Name	Cr	Course	Course Name	Cr
ENGL-101	English Composition I	3	ENGL-102	English Composition II	3
ENGL-124	Tchg Fit/Phys Acty Concepts	3	MVSC-101	Lifetime Fitness and Wellness	2
EDUC-191	University Seminar I	1	EDUC-192	University Seminar II	1
MTSC-101	Survey of Math I	3	MTSC-102	Survey of Math II	3
EDUC-253	History & Princ of Phys Educ	3	EDUC-221	Mvmnt Ed: A Skill Theme Approach	3
xx-xxx	Art & Humanities Elective	3	HIST-20_	History/Social Science	3
(Select one of the following courses: ART-101, MUSC-100, MUSC-101, ENGL-113, PHIL-201, PHIL-202, PHIL-105)'			Select one of the following courses: HIST-201, HIST-202, HIST-203, HIST-204)		
Total Credits		16	Total Credits		15
Sophomore Fall Semester			Sophomore Spring Semester		
Course	Course Name	Cr	Course	Course Name	Cr
ENGL-200	Speech	3	MVSC-202	Human Anatomy & Physiology w/Lab	4
MVSC-201	Human Anatomy & Physiology w/Lab	4	EDUC-231	Tchg Net & Wall Games	3
EDUC-204	Phil Found of Education*	3	EDUC-236	Tchg Target & Field Games	3
EDUC-223	Tchg Territorial Games	3	xx-xxx	Foreign Language II	3
xx-xxx	Foreign Language I	3	ENGL-xxx	Literature I	3
			(Select one of the following courses: ENGL-201 and ENGL-206 OR ENGL-202 and ENGL-205)		
Total Credits		16	Total Credits		16
Junior Fall Semester			Junior Spring Semester		
Course	Course Name	Cr	Course	Course Name	Cr
PSYC-201	Intro to Psychology	3	EDUC-318/ GLOB-395	Multi Ed with Glob Soc	3

EDUC-344	Instr Tech in Education	3	EDUC-257	Motor Dev/Mvmnt Ed	3	
MVSC-355	Physiology of Exercise	3	EDUC-363	Adventure-Based Education	3	
EDUC-241	Instructional Strategies	3	EDUC-368	Anlys & Asses for Tchg PE	3	
ENGL-xxx	Literature II	3				
EDUC-358	Adapted Physical Education	3				
#(Select one of the following options: ENGL-201 and ENGL-206 OR ENGL-205 & ENGL-202)			MVSC-361	Sport Biomechanics	3	
		Total Credits	18			
					Total Credits	15

Senior Fall Semester			Senior Spring Semester			
Course	Course Name	Cr	Course	Course Name	Cr	
EDUC-416	Analysis of Student Teaching	1	EDUC-400	Student Teaching**	12	
EDUC-357	Eff Tchg Strat & Classroom Mgt	4				
EDUC-449	Methods of Tchg Elem Phys Ed*	3				
EDUC-453	Meth of Tchg Sec Phys Ed*	3				
EDUC-371	Contemporary Curriculum Models	3				
		Total Credits	14			
					Total Credits	12

Students must take ENGL-201 and ENGL-206 OR ENGL-202 and ENGL-205 to fulfill the Literature and African American Experience requirements for General Education. Students must pass Praxis I and apply for the Teacher Education Program by the end of the sophomore year and pass Praxis II before student teaching.

**\*\* Senior Capstone**

**\* Writing Intensive Course(s)**

**Credits < 122 >**